On the Right Way on Horseback Foundation

My name is Irên Piti, I am the leader of the Foundation. I have been dealing with horse therapy for 3 years. I have been attending courses supported by the International Save of Children since 1998. In practice, I basically work with children. Together with the parents, we established this foundation to develop more and more children's abilities and improve our conditions. The basic conditions for the therapy are provided by a private individual from August, 2002. He has put his stable, his trained horses and a pony for our disposal. The environment are on European standards but there has not been a covered, indoor track yet. The Foundation, which was registered in October, 2002, has to provide the needed background for development and for a long-term opera-tion. Now, I am dealing with 3 mentally disabled and 1 mentally retarded children, 8 students with learning difficulties and 2 healthy youngsters with concentration problems. Dealing with mentally disabled the therapy is dominated, while with children with learning difficulties the remedial voltige is stressed.











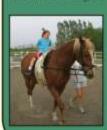
Bright stable with large size stalles

Preparation for the school



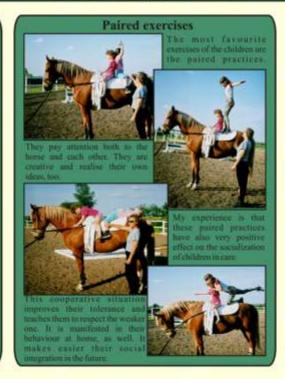


dradergarten recommended her not to start the school at the age of six. She is usually afraid of new things and cannot work in team. She has balance problems and her body chema is underdeveloped. She could not keep the balance on the borne back. At the beginning, she was willing to mount on home just with me. At the moment she can correct her sitting position and her posture becomes more and more opright. She is









The first steps



At the initial stage he refused to approach horses. In the next term he showed interest in the stable and tools. He was used to trucining horses step by step. Nowadays, he enjoys their closeness and wants to mount on. We are going to work the pony with girth on bareback, although he prefers the bigger horses







I am dealing with 3-14 year-old children. The development of their movement and a more harmonious overall behaviour can be observed in case of the mentally disabled children. They can successfully perform several kind of exercise, which was impossible to carry out at the beginning, like crossing-hand-grips. The pupils with learning difficulties are alone able to harness a horse under sufficient control. They take purt in works around the stable. Based on my experiences, I conclude that at least two courses a week are needed to obtain these results. In the opposite case, only the emotive effects are present. Most of the children have become more open. This cooperative activity will help their integration into a social environment. Our results are always appreciated at the national rider-festivals organized for disabled children.

Future plans:

One of our most wanted plans is to build a covered track with financial help of applications. Till now, we could worked with artificial horse when the weather did not allow to use the open-air track. We also want to train other horses. In this summer (23-27 June) we organize a horse camp both for healthy and disabled children.

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